

The Creativity Issue

OUR FESTIVAL ROUNDUP
Hot! Hot! Hot!

MURAL ART
Banding Communities Together

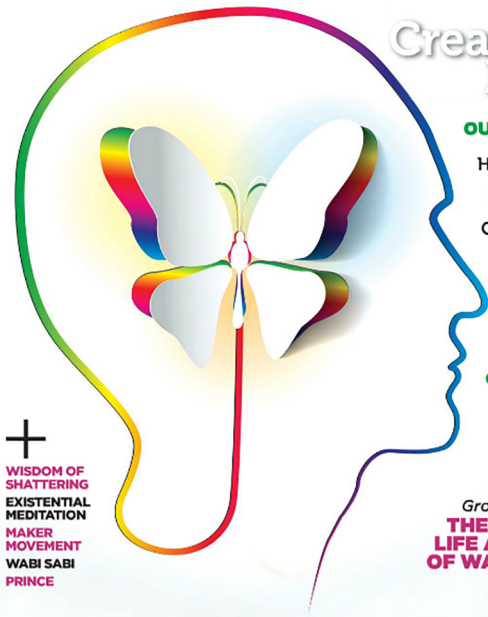
YOU ARE UNIQUE
Perfect Creation of Life

CONSCIOUS DANCE
The Next Expansion

The *Common Ground* Interview
THE CREATIVE LIFE AND TIMES OF WAVY GRAVY

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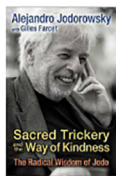
WISDOM OF SHATTERING EXISTENTIAL MEDITATION
MAKER MOVEMENT
WABI SABI
PRINCE



Sacred Trickery and the Way of Kindness

By Alejandro Jodorowsky

Filmmaker and author Alejandro Jodorowsky has been prolific lately. His most recent film,



Poesia Sin Fin (Endless Poetry), will debut at Cannes, for which he conducted very successful Kickstarter and Indiegogo campaigns, becoming a bit of a YouTube sensation. He has somehow found time to also write a fascinating and wide-ranging book about

his career, art, life, and the development of his spiritual path. *Sacred Trickery and the Way of Kindness*, with Gilles Farciot, is an eye-opening accomplishment on its own.

Known for his '70s surrealist films, his unique approach to tarot, his symbolic comics, and his therapeutic method called psychomagic, Jodorowsky has accomplished an extraordinary amount in his more than 80 years. In this book, the spiritual thoughts of the constantly evolving cult figure "Jodo" are unveiled on a long journey spanning from the '60s and '70s, when he made the groundbreaking films *El Topo* and *Holy Mountain*, to his current incarnation as spiritual trailblazer. Of special interest to film buffs will be Jodo's recollections on the initial failure of the *Dune* movie project, which brought together cultural creatives of the day like Salvador Dali, Orson Welles, and Mick Jagger.

The thrust of the book comes from Jodorowsky's time studying with Buddhist master Ejo Takata, whose Zen training featured strenuous physical and mental ordeals. There's a captivating story of a chance meeting in Mexico between Jodorowsky and the elusive Carlos Castaneda, whose well-known sacred trickery heavily influenced Jodo and his spiritual path.

Discussing the Way of Kindness that he now

means dynamic rhythms, sensuous vocals, and translating in-depth experiences from inside India's sacred temples, bazaars, and cultural influences to Western ways. He is constantly reinventing musical forms from his native India and beyond. This brilliant new album invites dance, romance, and a vast access to feelings via East Indian mantras, Asian fusion and dance beats for yoga dance, ecstatic dance, and music that inspires the imagination.

—SARAH CIRILLO

Erotic Integrity

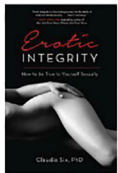
By Claudia Six

Dr. Claudia Six, a clinical sexologist and relationship coach in long standing in San Rafael, has published her first book.

In *Erotic Integrity*, Dr. Six leads readers through 10 sexual themes—including garden-variety performance anxiety, sexual boredom, newly dating, coming out, and more—and reveals three simple steps to a more rewarding sex life: knowing who you truly are as a sexual being, embracing that knowledge, and living it authentically.

Frankly presented with plenty of candid case studies, these steps can be applied by individuals and couples of all ages and sexual orientations. Based on Dr. Six's 25 years of experience as a clinical sexologist, this valuable guide challenges readers to self-examine, self-accept, and self-actualize to achieve a more fulfilling sense of eroticism, to feel more confident in bed . . . and in life. DrSix.net/erotic-integrity-book/

—DAPHNE CARPENTER



MUSIC

Manish Vyas

Secret of Love
Mystical Songs of Love

Manish Vyas's ninth album, *Secret of Love*,

means dynamic rhythms, sensuous vocals, and translating in-depth experiences from inside India's sacred temples, bazaars, and cultural influences to Western ways. He is constantly reinventing musical forms from his native India and beyond. This brilliant new album invites dance, romance, and a vast access to feelings via East Indian mantras, Asian fusion and dance beats for yoga dance, ecstatic dance, and music that inspires the imagination.



Manish Vyas (who has performed with Snatam Kaur, Deva Premal & Miten, and Prem Joshua) has an affectionate yet powerful voice, revealed via outstanding compositions joined by the sensuality of a fine combination of Indian instruments. The assortment of colors from Manish's musical palette reflects this celebration of love, traversing the entire range of emotions: mystical, mournful, celebratory, full of longing. On seven tracks, Manish's soaring, sensuous voice is framed by traditional Indian instruments such as the santoor, sarangi, dholak, tabla, and bansuri flute as well as by violin, keyboards, bass, drums, electric piano, and subtle programming. Spiritual choral background vocals contribute to the lush soundscape. Vyas successfully blends elements of Indian pop and folk music, Qawwali (a form of Sufi devotional music), and ghazal poetry as he reimagines facets of India's spiritual heart. These songs are mantras and mystical love poems put to music.

Manish Vyas's musical talents place him at the forefront of a new generation of artists who have experienced an abiding and intimate connection with both their guru and the modern world. His own solo work pushes boundaries beyond the mantra and New Age genres and into the broader realm of world music. His music ranges far and wide—from the pulsing beats of the dance floor to music for relaxation and soaring imagination. But it always reflects his spiritual, Indian musical roots. WhiteSwanMusic.com

—LLOYD BARDE (LLOYD@WELL.COM)