



Mangalam
by Manish Vyas



om gam ganapatiaye namaaha

MANGALAM means auspicious and this quality is reflected in these selected pieces of the finest Indian music, invoking inner and outer auspiciousness. Beautifully composed Indian-raga based melodies that softly accompany each song, without disturbing the magic of its true essence and enhancing their natural healing power.

OM GAM GANAPATAYE NAMAHA - Lord Ganesha is the master of wisdom and knowledge; the remover of obstacles and guardian of beauty, prosperity, grace and compassion. Lord Ganesha is the first deity to be revered in Hindu rites. He is a guardian of doors of houses and temples. He is the God that removes the internal and external obstacles to success and he is the one that grants the opening of your spiritual gifts. He is also the protector of all beings. It is recommended to chant or sing the mantra for 40 days during a spiritual practice at the same time every day.

BRAHMAANANDAM - Brahma refers to the creator. Ananda refers to the blissfulness or ecstasy of the creator. This is a Mantra from Guru Gita, chanted in praise of the Guru who removes darkness from our hearts & takes us to the infinite self.

SHREE RAAM JAYA RAAM - a mantra to Lord Rama and his beloved Goddess Sita. In the tradition, Raam (or Rama) is considered the 'marayada purushottam', the perfect man and Sita, his consort, the perfect example of womanhood. Both exemplify the heights of perfection a human being can achieve. He is the embodiment of virtuousness and the steadfast adherence to dharma, or correct action. Goddess Sita embodies surrender and absolute devotion. *Jay* is a cry of victory to these positive characteristics within us. When we recite the mantra, we get purity of mind and word. This prepares us for meditation. As a result of the healing sound vibrations, different patterns of the mind rearrange themselves to become tranquil.

ASATO MAA SADGAMAYA - Lead us from the unreal to the real, lead us from darkness to light, lead us from death to immortality, Om peace, peace, peace. It is a true prayer—the seeker's admission of his sense of limitedness and his heartfelt cry for assistance in transcendence. It is not a prayer for the things of the world. It is not a pray for food, shelter, health, partnership, riches, success, fame, glory or even for heaven. One who recites this mantra has realized that such things are full of holes, and will forever leave him unsatisfied. When speaking about the ultimate reality, Sages say it is of the nature of sat-cit-ananda: pure existence, pure consciousness and pure bliss.



MANGALAM - Mangalam means all-auspicious. Mangalam Bhagawaan Vishnu... All auspiciousness to Lord Vishnu, all auspiciousness to one who has Garuda as his flag, all auspiciousness to one who has eyes like the lotus flowers, and auspiciousness to Hari. Lord Vishnu's role is to preserve the creation and restore order to the world. Tolerance, gentleness, and patience are the hallmark of Vishnu's personality. He is seen as being the divine arbitrator of all disputes, whether involving gods or humans. He ensures peace by interceding on behalf of others.

OM GHRINI SURYAY NAMAHA - a mantra which is auspicious for pleasing the Lord Surya or Sun. It gives unlimited glory, strength and success in accomplishing all tasks. It should be recited in the morning and in addition to that Arghya (water) should also be offered to Lord Sun to make the day complete and positive.

JAYA GOVINDAA HARE - No music, no dance, no art form, no kirtan, no temple, no spiritual gathering, no worship in India is complete without remembering Krishna, the lord with the flute. A man with a 360 degree vision to life! Creator of one of the finest wisdom this world has ever known, The Bhagwad Geeta. He was the embodiment of bliss. In his company everyone rejoiced, forgetting everything else. In his presence they tasted the bliss of the Self. Even now, after all this time, just the mere thought of him fills us with bliss. This song, in an authentic kirtan style, celebrates the bliss and blessings of Krishna.



**When you utter a sound, a form is being created.
There is a whole science of using sounds in a particular way
so that it creates the right kind of form. We can create powerful
forms by uttering sounds in certain arrangements.
This is known as the Nada Yoga, the yoga of sound.**

Credits

Manish Vyas - Vocals, Harmonium, Keyboards, Tabla, Santoor, Percussions

Krishna Jani, Jay Dave, Waghela, Gatha Pota - Choir Vocals

Bhagirath Bhatt - Sitar

Milind Date - Flute

Kalim Sheikh - Dholak, Tabla, Pakhavaj, Udu, Maadal, Duf

Mukesh - Indian Percussions

Recorded at - Samasati Studio, Gossau, Switzerland - Harmony Digital, Rajkot, India -

Sargam Studio, Mumbai, India -

7 Hertz Studio, Surat, India, The Floating Studio, Pune, India

All songs composed and arranged by Manish Vyas

Mixed and mastered : The Floating Studio, India

Cover Design and Notes by Vanesa Nau

Copyright 2018 all rights reserved (c) and (p)

manishvyas.com

more about the album: manishvyas.com/mangalam





NATURALLY, if we are calling upon the Divine with mantra, we must do so with the right attitude, intention and action. Treat any mantra with devotion and it will give you back the rewards of Divine Love.

RITUALS are also a wonderful accompanying gesture to mantras. For example, to further empower the Surya mantra, it can be chanted while pouring water from the vessel, at the time of sunrise. Once the vessel is empty, touch the place on the ground where you poured the water, with your fingers, and then raise your fingers to your forehead. Wet your fingers once again with the water on the ground and this time touch your eyes. Repeat the process and touch your throat this time.

With this the ritual is complete. While leaving the place, avoid stepping on the place where you poured water, to maintain the sanctity of the ritual.



THE HIGHEST GOAL OF MUSIC IS TO CONNECT
 ONE'S SOUL TO ITS DIVINE NATURE,
 NOT ENTERTAINMENT.

Pythagoras