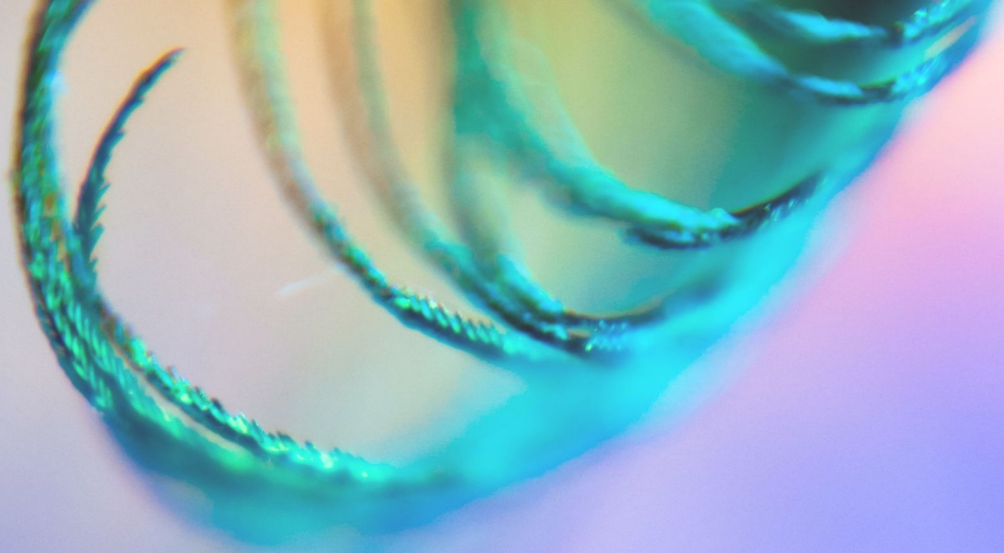


Healing Ragas





Every moment
there is creation,
every moment
there is destruction.
There is
no absolute creation,
no absolute destruction.
Both are movement
and that is eternal.
Ramana Maharshi

Manish Vyas: Santoor, Tabla, composition
Bikramjit Singh: Bansuri, composition
Redorded in Ishvani, Pune, India
Chinmaya Dunster: Tanpura
Shastro: Keyboards, percussions, ambient sounds
Graphics: Vanesa Nau
Digital Distribution: Manish Vyas
manishvyas.com
namaste@manishvyas.com

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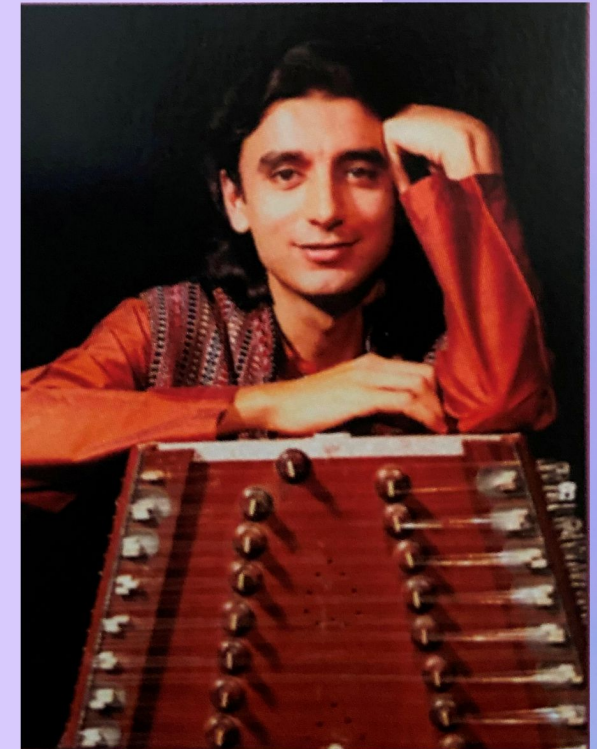


Vikramjit Singh

Raga Bhairavi : this raga, with its minor scale, creates a beautiful combination of peace, surrender and sense of dissolving. It is associated with the first golden light of morning and as we recorded it, we felt ourselves disappearing into its warm embrace.

Raga Yaman : we chose this raga because of its mood of night-descending, enveloping the earth in a vast darkness, with moonlight bringing a cool light and sense of relaxation. Through a major scale, Yaman creates a serene, soulful atmosphere to lead the listener to a silent inner space.

Manish Vyas



'In the opinion of the wise, that particularity of notes and melodic movements or that distinction of melodic sound by which one is delighted, is Raga.'

Virtually every writer has struggled with this fundamental question - what is a Raga? Although so much can be said about what is a Raga, still no amount of words can express what it really is. It is an expression of mood, color, fragrance, season... as it is described as 'Rasa' in Sanskrit.

It is not only a combination of certain notes, certain rules of ascending and descending, a few particular notes where one stays, rests and some notes one just passes by... but much more.

Traditionally the Raga music has been passed on from generations to generations verbally and that is why not many books are found about this ancient tradition. In India, traditions, sciences and arts have been always passed on verbally, where one listens, one assimilates, one practices and one becomes a true Sadhak of that particular field... until one is ready to share it in public.

Though in Indian classical music, to present a raga for an audience has a certain format, certain structure, certain rules that the musicians follow which the listeners are aware of mostly, here in this project, a deeper dimension of Raga has been explored. Usually Raga music is performed in front of an audience where the artists try to showcase their skills which they acquired over years and years of learning and intense practice, in return of which they receive praise, name and fame.

But in the series of the HEALING RAGAS albums collection, the very name has to be transmitted through its concept and creation of music. Here there is no showcase of impressive skills of a musician, which may attract applause and praises. On the contrary, both musicians Manish Vyas and Bikramjit Singh have attempted to create a space of meditation, relaxation and healing, using the same depth of Ragas, taking the listener into the soundscape of ancient India with a contemporary atmosphere of sounds, which truly creates a space of Healing.

Creating a lot of space and silence within this music, both these musicians have wonderfully laid the foundation for a space of transcendence and meditation. The seducing sounds of Bansuri and blissful resonance of Santoor invoke a very deep feeling of peace, relaxation and serenity. Especially the audiences in the West who are new to the phenomenon of Raga music, can have a beautiful gentle introduction to the beauty of Ragas and Indian music through these compositions, which may eventually take them to fall in love with the pure form of Indian classical music. -Manish Vyas