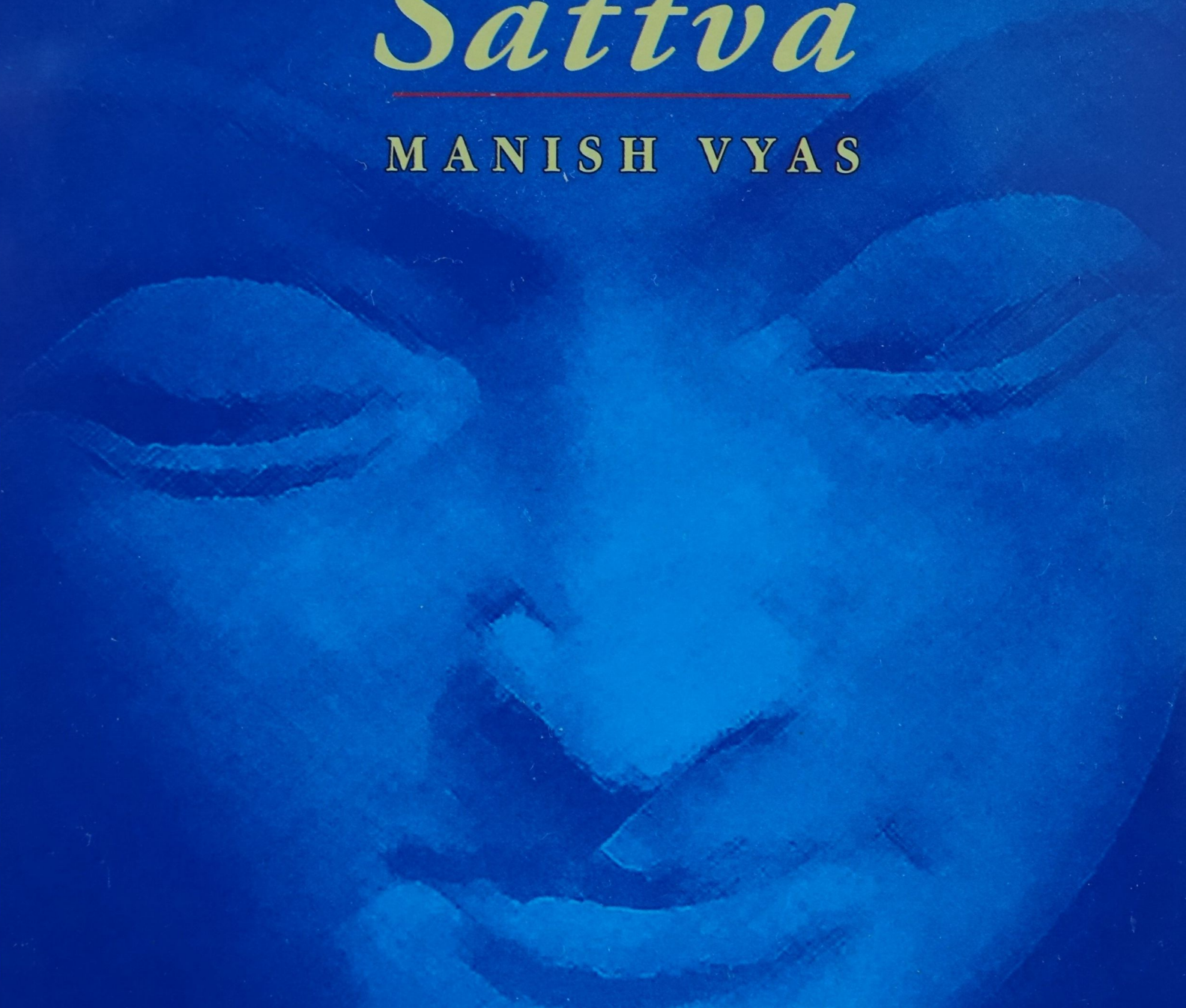


T h e E s s e n c e o f B e i n g

Sattva

MANISH VYAS



The Sanskrit word SATTVA means "the essence of being."

It refers to that soft, silent and serene space that awaits us beyond our mind. Through songs and mantras vibrating with silence, devotion and prayer, this music connects with this very essence, bringing the listener effortlessly into the heart.

Manish Vyas is singer, composer and multi-instrumentalist from India. With SATTVA, he launches his first album, sharing the many years of experimentation that have graced his musical journey ~ a journey enriched by talented musicians from India and from around the globe.

1. ISHQ 8.05
2. TUMI BHAJA RE MANA 8.06
3. SATTVA 9.02
4. SHIVOHAM 9.38
5. MEERA 6.49
6. KARUNA 7.54
7. OM NAMO NARAYANA 8.19



ISHQ

Ishq ibadat Rab ki yaara, ishq masiha ishq khuda hai
Ishq ki zad mein hai jag sara, ishq mehekte dil ki sadaa hai.
*Love is the prayer of the divine, love is the Messiah, love is God.
Love envelopes the whole universe within itself,
it is the song of a fragrant heart.*

Ishq in Arabic means love, something everyone seeks in different forms.
The song depicts the various moods of Ishq, keeping the focus on the divine
aspects of love, celebrating its most exalted moments, when love and prayer
become one, when love and God become one.

TUMI BHAJA RE MANA

Tumi bhaja re mana, tumi japa re mana
Om shree Ram jaya Ram, japa re mana.
*O my heart, my soul! chant the name of the divine,
worship the name of the divine.*

SATTVA

The title track takes one on a journey from the mysterious East into a space
beyond worlds. Unfolding on the base of the mantra OMKARAYA
NAMO NAMAHA, this piece depicts illumination and purity - the hidden
splendour within us all.

SHIVOHAM

Sachara chara para purna, Shivoham Shivoham
Nityananda swarupa, Shivoham Shivoham
Anandoham Anandoham Anandoham Anandoham

*I am Shiva, the deity of eternal bliss.
I am that which prevails everywhere, complete in itself.
I am joy itself, I am bliss itself.*

MEERA

This piece is dedicated to Meera, an awakened woman from Rajasthan, India. She was a passionate devotee of Lord Krishna. She sacrificed her home, her family, her prestige, everything... content simply to sing and dance to the tune of her only love, Krishna. In India, Meera symbolises absolute devotion, and this tarana attempts to recreate the magic of her divine love affair.

KARUNA

This improvised song was recorded in a very unusual and spontaneous way. While Rishi was busy creating some grooves in his studio, I was simply sitting with my keyboard and a mic, and the singing just happened. Karuna is Sanskrit for 'grace' and just as this song descended, grace has been showering on me throughout my life.

OM NAMO NARAYANA

Govinda, Narayana and Gopala are all different names for Lord Krishna. This song pays loving homage to Lord Krishna, offering Him salutations and surrender.

ALL SONGS COMPOSED BY MANISH VYAS

Manish Vyas: vocals, Santoor, Tabla, Keyboards, co-arranger

Raj Rishi: Drums, percussions, Bass, Keyboards, co-arranger

Prem Joshua: Sitar, Bansuri, Dilruba

Tanmayo: vocals, Violin

Shruti: vocals

Bikramjit Singh: Bansuri

Padmakar Gujar: Frame drum

Avinash Jagtap: Violin

Maneesh De Moor: Keyboards, Bass

Satgyan: Bass

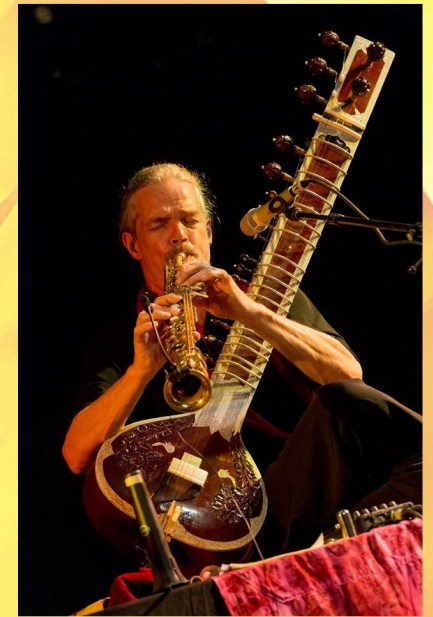
Sten: Strings

David: Keyboards

Recorded at Ishvani Kendra, Pune, India ~ Istana, Tuscany, Italy ~
Middlesex University Studios, London UK ~ Free Floating Mobile,
Copenhagen, Denmark.

Mixing/Mastering : Raj Rishi

Graphics by 'The Third Eye'



Manish Vyas
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The knower of the mystery of sound
knows the mystery of the whole universe.

Hazrat I. Khan, India