



mantra

cd booklet

*Without the necessary awareness,
just repeating the sound, only brings
dullness to the mind.*

*But when it is done with proper awareness,
with right understanding of what it is,
a mantra can be a very powerful tool.*



Manish Vyas is composer, singer, multi-instrumentalist from India who grew up in the atmosphere of sacred and devotional music since his early childhood. Besides learning with the finest music gurus, his path has also been deeply marked by the wise influence of his spiritual masters with whom he spent closely many years of his life, which also shaped his musical path as well as the higher vision of using music for meditation in the path of self discovery. Mantras have been part of his life since his birth and that enabled him to create the right music for these sacred sounds: music which is able to maintain and enhance their natural energy and power. Manish lives currently in Switzerland where he runs an Indian music academy and shares this wisdom through workshops, retreats and live concerts.

*mantra is
a sound
which has
a certain
power*

Vocals, Tabla, Keyboards, Santoor, Percussions: Manish Vyas |
Bansuri flute: Bapu Padmanabha, Milind Date | Sitar: Bhagirath Bhatt
| Chanting in Govindam: Bapu Padmanabha | Choir vocals: Shruti Soni,
Isha Nair, Bansari Maisuriya, Forum Parikh, Dinesh Tharu, Sanjay Parihar,
ShriAjit Verma, Sunny Shah, chorus director: Ashish Mehta
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Mixed and mastered by Ishan Devasthali, Dawn Studios, Pune India
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Producer, creative director, publisher: Manish Vyas
CD design and texts: Ganapati Graphics
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1. GOVINDAM

govindam ādi-purusham tam aham bhajāmi
venum kvanantam aravinda-dālayātaksham-
barhavatamsam asitambhuta-sundarangam
kandarpa-koti-kāmaniya-vishesha-shobham
govindam ādi-purusham tam aham bhajāmi

angāni yasya sākālendriya-vritti-manti
pashyanti pānit kalayanti chiram jaganti
ānanda-chinmaya-sad-ujjala-vigrahasya
govindam ādi-purusham tam aham bhajāmi

2. RAM RAM RAM

prema mudita manase kahorām rām rām
rām rām rām shree rām rām rām
pāp kate dukkha mitelete rām nām
bhava-samudra sukhada nāvek rām nām
param shānti sukh-nidhān divya rām nām
nirādhār ko ādhār ek rām nām
param gopya param ishtha mantra rām nām
sant hriday sadā vasata ek rām nām
mahādev satat japat divya rām nām
kashi marat mukti karat kahat rām nām

mātā pitā bandhu sakha sab hi rām nām
bhakta janana jeevan dhan ek rām nām
bheetar bhi bāhar bhi sarva rām nām
nād mei anhad mei ek rām nām

3. SHKAYAMUNI BUDDHA MANTRA

om muni muni mahāmuni shākyamuni sohā

(Sanskrit) Krishna who is known as Govinda is the Supreme God, he's the origin of all and the primal cause of all causes. Lord Krishna, a true Yogi, known for his charm, simplicity, beauty, friendliness, patience, wisdom, joy of life. This song is dedicated to his brilliant Being. I worship Govinda – the Primeval Lord, who is adept in playing on His flute, with blooming eyes like lotus petals with head decked with peacock's feather, with the figure of beauty tinged with the hue of blue clouds, and His unique loveliness charming millions of cupids. I worship Govinda..

(Hindi) A very devotional bhajan of love, faith and surrender to lord Ram, who is an incarnation of Lord Vishnu who descended on Earth to annihilate demons and establish the path of Dharma. Lord Ram came to promote peace and harmony in the universe and chanting the mantra promotes confidence, inner balance, right judgment, strength, success, determination.

(Sanskrit) This mantra is also known as the Heart Mantra of the Great Sage. It represents the essence of a Buddha, the essence of enlightenment. Om represents the cosmic vibration of the universe, while Muni translates as "sage" and maha means "the great." It is also believed that the Shakyamuni mantra clears all negative karma accumulated.

4. BODHI RUUPAM

bodhi ruupam bodhi sattvam
bodhi gamyam anāmayam
parama satyam parama shāntam
parama brahma parat param

(Sanskrit) The word bodhisattva means 'a courageous being determined to gain enlightenment' or the one who is destined for enlightenment. Bodhi is the path of the Buddhas (buddhamārga); Sattva is a pure mind. Bodhisattvas have realized profound emptiness: the realization that their own personalities are actually empty. This realization is called non-dual wisdom which empowers the enlightened being with greater wisdom and compassion for all beings in the universe.

5. GATE GATE

gate gate parā gate
parasam gate bodhi svāhā

(Sanskrit) This mantra is part of the chants you will here in the Buddhist tradition and it reflects the state of enlightenment, the state beyond the body, where only the eternal, the real remains, what we also call the state of no-Being: when one has arrived. It may be translated as, "Gone, gone, gone to the other shore, beyond..." Bodhi means awakening and the term svāhā, from Vedic Sanskrit is the name of the wife of Agni, the god of fire, frequently used at the end of a mantra that accompanies an offering made to the fire in different rituals and ceremonies.

6. OM MANI PADME HUM

om mani padme hum

(Sanskrit) This short text is said to comprise the essence of all Buddhist teachings, the essence of all Dharma. The repetition of this mantra is used as a means to liberation. The Dalai Lama explained it as, "The six syllables mean that in dependence on the practice of a path is an indivisible union of method and wisdom, you can transform your impure body, speech and mind into the pure exalted body, speech and mind of a Buddha."

7. SHANTE PRASHANTE

shānte prashānte sarva bhaya
upāshā mani swāhā
sarvamangala māngalye
shive sarvārtha sādhike
sharanye tryambake gauri
nārāyani namostute

(Sanskrit) Invoking the spirit of supreme peace, I offer up the energy of fear to the universal formless mind. When distress or fear is dissolved back to its original source or universal consciousness, its energy is released and becomes available to be used in renewed and creative ways. This mantra is used for the purpose of dissolving fear of any kind. This mantra is followed by a well known prayer to Devi Narayani, who showers auspiciousness and fulfils all the objectives of the devotees.

8. SHIVASWARUPOHAM

shivoham shivoham
shiv-swaruupoham
nityoham shuddhoham
buddhoham muktoham
advaitam ānand ruupam aruupam
brahmoham brahmoham
brahma-swaruupoham
chidoham chidoham sacchidānandoham
shivoham shivoham shiv-swaruupoham

(Sanskrit) From the Advaita teaching of Adi Shankaracharya, a text which reminds us of our oneness with the absolute, the transcendent, the ultimate reality - the truth: I am Shiva. I am the very form of the unbounded consciousness. I am eternal. I am pure. I am Buddha. I am free. I am Brahman. I am consciousness. I am bliss. I am Shiva. I am the very form of consciousness.

9. HARI OM

hari om

(Sanskrit) In the Sanatana Dharma trinity (Brahma, Vishnu, Shiva) Lord Vishnu or Hari is the preserver and protector of the entire universe. His main role is to return to earth in troubled times and restore the balance of evil and good. The Sanskrit word 'hari' represents the one who forgives all sins, which is one of the qualities of Vishnu. A song full of bhakti, that may help elevate our consciousness towards higher planes.

ॐ शान्तिः

The Sanskrit language is based upon a clear understanding of the science of sound, which is the basis of mantra practice. Each sound has different implications.

That is why it's not enough to use the sounds as a tool. Like any tool, one must understand the nature of the tool that one is using and in this way, use it in the right way.



mantra

manish vyas

1. GOVINDAM ~ 7'
 2. RAM RAM RAM ~ 7'
 3. SHĀKYAMUNI BUDDHA MANTRA ~ 8'
 4. BODHI RŪPAM ~ 7'
 5. GATE GATE ~ 8'
 6. OM MANI PADME HUM ~ 8'
 7. SHANTE PRASHANTE ~ 6'
 8. SHIVASWARŪPOHAM ~ 7'
 6. HARI OM ~ 7'
- Total ~ 65'

A collection of mantras from the Sanatan Dharma (Hindu) and Buddhist traditions, which carries the ultimate wisdom as well as the depth of Bhakti - a perfect combination for a contemporary seeker on the path. The album has been inspired in the depth of the sacred sound discovered and applied in India since millennia, which along the ages eventually reached other cultures and spiritual traditions from civilizations which grew close to Bhārat (India.) Meditative raga-based creations accompanied by the eastern fragrance of Bansuri, Sitar, Tabla, Santoor. The pieces in this unique collection reflect the true essence of this powerful science called Mantra decorated and enhanced by the magic of music. A masterpiece to witness the science of sound applied for wellbeing and deep transformation.

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The knower of the mystery of sound
knows the mystery of the whole universe.

Hazrat I. Khan, India